

Legends of the Fall

Contributed by Administrator
Wednesday, 24 October 2007

So it's the 24th of October... I am in a bit of a 'dwaal'; tonight as I write this and also have the fact that I am meant to have these articles in by the 17th looming in my mind! Reason for my delay (alongside the poor planning part...) is that I spent the weekend up in JHB watching the Bokke take the English (yes please!!!) and then at a retreat for three days with apple tree. Our retreat takes place annually and it's where we get to re-evaluate our individual and collective values, purpose and vision. It is always an exciting time as you reflect on your life, where you have come from and where you are going. It is even more exciting when you get to be part of a team who works together to make something happen, pushing through hard times and celebrating the highs together.

My life has included great times at school, a round-the-world bicycle tour, a two year stint with eight legendary men in my rowing crew at varsity, a year on a paradise island in Thailand and of course, surviving the Tsunami. Coupled with that I am privileged to be a part of an amazing church with true friends, have an amazing girlfriend and to complete my list of blessings - apple tree – which keeps me in a space that I share with ten other fascinating, insightful and inspirational people who collectively are trying to make a difference in the corporate and social sector... and eventually the world!

What's at the source of this? I decided to say yes to a man I hardly knew who asked me to cycle around the world. I responded to an invite that got me down to the harbour at some ridiculous hour to try this sport called rowing. I awkwardly told this young lady 'I liked her!', I packed a back pack and dive gear and headed East rather than any other direction, decided to move into a house on higher ground and spend time in prayer and quiet on the morning of the Tsunami and of course penned down a crazy metaphor called 'life as an apple tree'; somewhere in the Australian outback.

The source? Simple - I responded to an inner voice.

One Stab, in the opening scene of the movie 'Legends of the Fall' says these haunting words: 'Some people here their inner voice with such clearness, and live according to what it says. Such people are called CRAZY, such people... they become LEGENDS!';

Option B – go with what society expects of you, do the 'right' thing, and compromise on what you truly feel inside.

I guess this is the crux – inside my tired body tonight I feel fully alive. I am looking forward to tomorrow. I love life. AND – my best days are not in my past but in my future.

How do you feel inside? Are you looking forward to tomorrow? How alive are you really?

I have this funny feeling that I was created to be a legend. I think the same stands with you! The way to living this legendary life is found, not outside in external circumstances, but rather inside of you in that inner voice – you know the one?

The one that speaks and which you often ignore...

Become the legend you were meant to become – respond to that inner voice – I DARE YOU!